

Transition Checklist for Children

Before I Move

- ☐ I know when we are moving
- ☐ I've talked about what I'm excited or worried about
 - ☐ I know the name of my new school
 - ☐ I've seen photos or a map of my new school
- ☐ I've made a list of my favourite things to share with my teacher
 - ☐ I've chosen a special item to take with me

During the Move

- ☐ I know what will stay the same (family, pets, hobbies)
 - ☐ I've packed things I want to keep safe
 - ☐ I've talked to someone if I feel upset or confused
- ☐ I've helped choose something for my new bedroom or space

After I Arrive

- ☐ I know where the important places are in my new school
 - ☐ I've met my teacher
 - ☐ I know who I can ask for help
- ☐ I've made or been introduced to a new friend/buddy
 - ☐ I've told someone how my first week went
 - ☐ I've chosen something fun to do in my new area

